



ZUMBA®

LET IT MOVE YOU™

THERE ARE A LOT OF WAYS TO LOSE WEIGHT. SOME ARE JUST MORE FUN. JOIN THE ULTIMATE DANCE-FITNESS PARTY THAT BEATS A BORING OLD WORKOUT ANY DAY.



KRISTEN HENSHAW

Zumba

(770) 356-6140

Felker Community Center in Monroe

Come join me every THURSDAY evening from 6:30-7:30pm for ZUMBA! New songs EVERY WEEK, fresh routines and lots of calorie-burning FUN! ALL LEVELS - there are NO wrong moves....only unexpected solos!

Just \$3 for members and \$5 for non-members of the Walton County Rec Centers - see you soon!

